

Speaking Topics

Presentations about art, creativity, and following your dream

The Business of Art:

Survival Skills for Artists and Writers

One session or a weekend workshop including refining purpose, financial analysis, copyright information, tax deductions, marketing strategies, and organizational tips.

Paths to Publishing:

Whether you have a suspense novel hidden inside you or you want to share your life story to preserve your legacy, *it's never too late*. Topics include comparison of self-publishing vs. hybrid and traditional publishing, types of editing, print vs POD, image requirements, costs and financing, as well as getting your book to market. One-day or weekend workshop.

The Healing Power of Art:

Interactive Art Workshop

Lift your spirits by putting together pieces of your life's puzzle with the magic of color and collage. For those who have endured heartbreak, the loss of a loved one, illness, or trauma and would like to express the sheer joy of living.

Work with artist Elena Hiatt Houlihan to experience first-hand the healing power of art. During this workshop, participants will create their own original work of art, a "moving image" for their healing journey.

Lessons in Creativity:

Breaking out of the Mold!

Feeling stuck? Discover the processes of creativity from idea to reality. For individuals and organizations seeking a new approach to life and work.

An Unrealistic Life: Living on the Edge where Work and Joy are One.

Stories of people who have followed their passions and created unique lifestyles outside the security of the 9-5 world.

Taking the Leap:

Creating a New Life in Another Country

Wanna be a digital nomad? Or are you dreaming of traveling or retiring in another country? Strategies and tips on relocating for a month, a year or a lifetime.

Off the Map in Borneo... and Elsewhere Tales of a Woman Traveling Alone

Photos and stories of unplanned journeys through Southeast Asia and South America.

Following your Dream in Big Leaps and Baby Steps: Interactive Workshop

Are everyday responsibilities tying you down? Through movement, meditation, and journaling, this workshop will spark envisioning and include practical tactics for realizing your dream.



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THE ART OF FOLLOWING YOUR DREAM
WITHOUT GETTING A REAL JOB

An
UnRealistic
Life

ELENA HIATT HOULIHAN